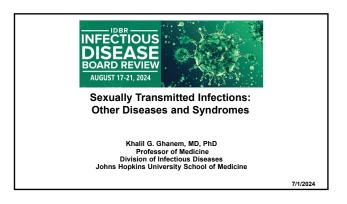
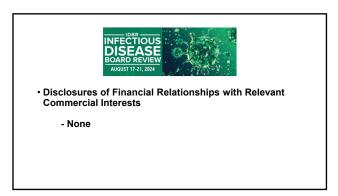
Speaker: Khalil Ghanem, MD





### OF NOTE

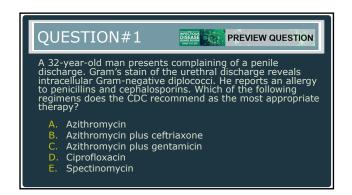
- I have tried to use patient-first language throughout. When the terms 'women' and 'men' are used, I am referring to cis-gender women and men unless otherwise specified
- All photos are freely available from the following website unless otherwise noted: <a href="http://www.cdc.gov/std/training/clinicalslides/slides-dl.htm">http://www.cdc.gov/std/training/clinicalslides/slides-dl.htm</a>

# OTHER STI SYNDROMES

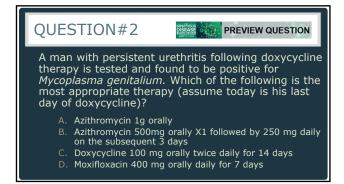
- Urethritis/Cervicitis/Vaginitis
- Proctitis
- PID
- Epididymitis
- HPV
- Ectoparasites

# URETHRITIS/CERVICITIS/VAGINITIS

- · Neisseria gonorrhoeae
- · Chlamydia trachomatis
- Mycoplasma genitalium
- Trichomonas vaginalis
- Bacterial vaginosis



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# CHLAMYDIA TRACHOMATIS: TAKE-HOME POINTS • Annual screening of all sexually active women aged ≤25 years is recommended for serotypes D-K, as is screening of older women with risk factors (e.g., new or multiple sex partners) • High rate of reinfection for D-K • Both D-K and LGV (L1-L3) cause proctitis/proctocolitis • Longer duration of therapy (3 weeks of doxycycline) for L1-L3 serotypes if symptomatic\*\*\*\*

Association with reactive arthritis; prompt treatment

reduces risk of reactive arthritis

# CHLAMYDIA TRACHOMATIS Serological classification A,B, Ba, C (Trachoma) D-K (Genitourinary and ocular infections) L1-L3 (Lymphogranuloma venereum)

#### CHLAMYDIA TRACHOMATIS D-K MEN WOMEN Asymptomatic Urethritis Cervicitis • Epididymitis (70% of cases in Urethritis young men) Pelvic inflammatory Proctitis disease Conjunctivitis Bartholinitis Pharyngitis (rare) Proctitis Reactive arthritis (urethritis, conjunctivitis, arthritis, skin Conjunctivitis · Reactive arthritis

# CHLAMYDIA: DIAGNOSTICS Detection of WBCs on Gram's stain is not sensitive Cell culture (sensitivity 70%), direct immunofluorescence, non-amplified molecular tests (sensitivity ~85%), and NAATS (gold standard; sensitivity >95%; specificity >99%) FDA cleared for the detection of *C. trachomatis* on endocervical and urethral swab specimens, urine, vaginal swab specimens, throat and rectal swabs Routine NAATs do NOT distinguish between D-K and L1-L3 serotypes. Multiplex tests do. The latter are not commercially available

# \* Duration of therapy depends on serotype: • Duration of therapy depends on serotype: • D-K serotypes: doxycycline 100mg PO BID X 7d is preferred; alternate is 1 g oral azithromycin • L1-L3 serotypes (if moderate to severe proctitis): Doxycycline 100 mg PO BID X3 weeks (preferred); alternate is azithromycin 1g PO q week X 3 weeks • Use of azithromycin is safe in pregnancy • Test-of-cure (repeat testing 3-4 weeks after completing therapy) is not routinely recommended • Screen all persons treated for chlamydia infection 3 months later (REINFECTION rates are high)

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# AZITHROMYCIN VS. DOXYCYCLINE

- · Urogenital C. trachomatis
  - RCT in correctional facility: azithromycin=97% vs. doxycycline=100% (noninferiority of azithromycin was not established) Geisler NEIM 2015
- Rectal C. trachomatis
  - 2 RCTs: Efficacy difference in favor of doxycycline of 20% Dombrowski CID 2021; Lau NEJM 2021

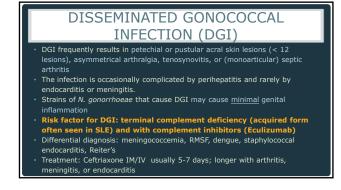
### GONORRHEA: TAKE-HOME POINTS

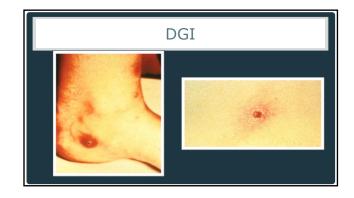
- IM ceftriaxone 500 mg is the preferred regimen for uncomplicated gonorrhea
- Pharyngeal gonorrhea: ceftriaxone is the only drug that is recommended; test of cure 7-14 days after treatment
- Disseminated gonococcal infection: patients may NOT have symptoms of urethritis
- · Gonococcal conjunctivitis: 1g of ceftriaxone

# NEISSERIA GONORRHOEAE • Clinical presentation similar to that seen with C. trachomatis. • no association with Reiter's • responsible for 30% of cases of epididymitis in young men • MOST cases (>90%) of pharyngeal and rectal gonococcal infections are ASYMPTOMATIC

### SCREENING FOR GONORRHEA

- HIV-infected men and women
- Sexually active MSM (<u>at all sites of exposure</u>)
- · Individuals with new or multiple sexual partners
- Sexually active women <25</li>
- Sexually active individuals living in areas of high N. gonorrhoeae prevalence
- Individuals with a history of other sexually transmitted infections
- Women ≤35 and men ≤30 in correctional facilities at intake





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#### **GONORRHEA DIAGNOSTICS**

- A negative Gram's stain should NOT be considered sufficient for ruling out infection in asymptomatic men. In addition, Gram's stain of endocervical specimens, pharyngeal, or rectal specimens are not sufficiently sensitive or specific to detect infection
- Sensitivity of culture ~80-90% from endocervical or urethral specimens in symptomatic persons; <50% from throat/rectum</li>
- NAATs offer the widest range of testing specimen types because they are FDA-cleared for use with endocervical swabs, vaginal swabs, male urethral swabs, and female and male urine
- NAATs are FDA-cleared for specimens obtained from the rectum and pharynx; they are the 'tests of choice' for these sites

#### **GONORRHEA THERAPY**

- The only first-line option for uncomplicated gonorrhea is <u>ceftriaxone</u> (<u>500 mg</u> IM x1)
- 7% of isolates in the US in 2021 had elevated MICs to azithromycin so it was abandoned as first-line therapy

St Cyr MMWR 2020

# GONORRHEA THERAPY (CONT.)

- ullet Second-line agents for  $\underline{\textbf{urogenital}}$  or  $\underline{\textbf{rectal infections}}$ :
- Cefixime (800mg PO X1)
- Gentamicin 5mg/kg IM+ 2g azithromycin
- Azithromycin 2g PO X1 is no longer recommended
- There are NO second-line recommendations for pharyngeal gonorrhea- it's ceftriaxone or bust!
  - Gentamicin and cefixime have lower efficacy for pharyngeal infections Ross JDC, et al. Lancet 2019
- All pharyngeal infections: must do a test of cure within 2 weeks after ceftriaxone therapy

St Cyr MMWR 2020

# GONORRHEA THERAPY CONTINUED

- **DGI**: Ceftriaxone 1g IM or IV until clinically better (can also use cefotaxime and ceftizoxime); then, can complete 7-day course of therapy with a PO cephalosporin (once results of antibiotic susceptibility testing are available)
- Gonococcal conjunctivitis: Ceftriaxone 1g IM X1

# EXTRAGENITAL GONORRHEA AND CHLAMYDIA

- 90% are asymptomatic
- NAATs, now FDA cleared, are the preferred (and most sensitive) diagnostic modality
- CDC recommends screening for both GC and CT at the rectum but screening for only GC at the throat
- Sexually active MSM should be screened at all sites of exposure
- The majority of GC cases in MSM would be missed if genitalonly testing were performed
- No formal extragenital screening guidelines for women

# NON-GONOCOCCAL URETHRITIS (NGU)

- Gram stain of urethral secretions demonstrating ≥2 WBC per oil immersion field
  or positive leukocyte esterase test on first-void urine or microscopic examination
  of sediment from a spun first-void urine demonstrating ≥10 WBC per hpf
- More common etiologies
  - Chlamydia trachomatis (25% cases)
  - Mycoplasma genitalium (30% of cases)
  - Trichomonas vaginalis (10-25% of cases; mainly MSW not MSM)
- Ureaplasma urealyticum (controversial; do NOT test for this bacterium)
   HSV
- Less common etiologies: anaeobes; enterobacteriaceae, Haemophilus, Staphylococcus saprophyticus, adenovirus
- NGU treatment: doxycycline 100mg PO BID X 7d is now the preferred regimen

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# NON-GONOCOCCAL URETHRITIS (NGU) CONTINUED

• If a person with NGU fails to respond to therapy, think of 4 possibilities: (1) Reinfection (2) M. genitalium that did not respond to above therapy (see next slide) (3) T. vaginalis- rare in MSM (treat with metronidazole) or (4) HSV

## MYCOPLASMA GENITALIUM

- Strong association with non-gonococcal urethritis (NGU) [up to 30% of cases] and up to 35% of cases of persistent urethritis
- · Moderate association with cervicitis and PID; weaker association
- Test men with persistent urethritis or epididymitis; consider testing women with persistent cervicitis or PID (discuss with patient); consider testing in men and women with persistent proctitis symptoms; NEVER SCREEN!
- FDA-cleared diagnostic test now available
  - Combined molecular diagnostic with molecular detection of macrolide resistance is not yet FDA cleared (it is available in Europe and Australia)

# M. GENITALIUM THERAPY

- DUAL antibiotic therapy is now recommended
   Start with one week of doxycycline 100 mg orally BID (will decrease bacterial load) followed by either:
  - A printing source of the control of the control of the subsequent 3 days (if macrolide sensitivity is known) OR

    Moxifloxacin 400mg POX 7 days (if macrolide resistant or if macrolide resistance is

  - Emerging resistance to fluoroguinolones (~15% moxifloxacin resistance)
- NOT FOR THE BOARDS: In persons with FQ failures you can use minocycline (100 mg PO BID X 14 d) or (if you can get it) Pristinamycin (or a clinical trial) Int J STD AIDS, 2019;30(5):512-514

# SUMMARY: URETHRITIS APPROACH

- All men presenting with urethritis should be tested for both GC and CT and treated with ceftriaxone and one week of oral doxycycline
- If the GC and CT tests are negative and the patient has persistent symptoms and signs:
  - If the patient is a MSW: Test for *M genitalium* and trichomonas and treat based on results
  - If the patient is a MSM: Test for *M genitalium* and treat based on results (trichomonas is rare in MSM)

# QUESTION #3

A 22-year-old woman presents complaining of a vaginal discharge. Her male partner is asymptomatic.

Her examination is remarkable for a gray homogenous discharge. A vaginal swab is obtained which reveals a pH>6.0, motile trichomonads, and the presence of 3 Amsel's criteria.

# **QUESTION #3**

Which of the following is the most appropriate antimicrobial regimen for her and her partner?

	Patient	Male Partner
Α	Metronidazole 2g X1	None
В	Metronidazole 2g X1	Metronidazole 2g X1
С	Metronidazole 1 week	None
D	Metronidazole 1 week	Metronidazole 2g X1
Е	Metronidazole 1 week	Metronidazole 1 week

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# TRICHOMONAS VAGINALIS May be asymptomatic in both men and women; causes vaginitis and NGU

- Diagnosis: culture and PCR; wet mount is not sensitive

- Therapy: Treat all women with metronidazole 500mg PO BID X 7 days OR tinidazole 2g PO X1 [do NOT use topical gel formulations]

  RCI: 7 days of metronidazole superior to 2g single dose necessary that account of the 2018

  Therapy: Treat all men with metronidazole 2g PO X1 OR tinidazole 2g PO X1
- Resistance: ~5% of strains have low-level resistance to metronidazole; <1%
- have high level resistance (see next slide)
- Partners in the preceding 60 days must be treated
- No need to screen asymptomatic pregnant women for trichomonas; screen all women with HIV annually

### TRICHOMONAS & NITROIMIDAZOLES

- Tinidazole has a longer serum half-life and achieves higher tissue concentrations than metronidazole; MICs to tinidazole lower than to metronidazole
- Can use 2g of oral tinidazole to treat both men and women
- · If patient fails Rx with metronidazole & reinfection is excluded:
- Option 1: Tinidazole 2 g PO X1
- If patients fails option 1 above:
  - Option 2: Metronidazole 2g PO QD X 5d
  - Option 3: Tinidazole 2g PO QD X 5d

### **BACTERIAL VAGINOSIS**

- Complex polymicrobial infection; causes vaginitis (thin, white, discharge with 'fishy' odor) and cervicitis; may increase risk of PID
- May be sexually-associated but not a STD; partners do NOT need to be treated
- Dx: Nugent's score preferred in research settings; Amsel's clinical criteria performed in clinical settings:(1) discharge (2)pH>4.5 (3) clue cells (4) amine odor with KOH (whiff test)

#### **BACTERIAL VAGINOSIS**

- Rx: Metronidazole 500mg PO BID X 7days OR Clindamycin 300mg PO TID X 7 days OR topical metronidazole gel or clindamycin cream OR Secnidazole 2g PO X1 dose
- L crispatus supplements after topical metronidazole resulted in a 34% reduction in recurrence at 3m  $_{\text{Cohen NEJM 2020}}$
- Do NOT use metronidazole 2g PO X1
   BV during pregnancy: associated with preterm labor, PROM, post-partum endometritis
- Treat all **symptomatic** cases of BV during pregnancy; screening asymptomatic pregnant women for BV if high risk for pre-term delivery (e.g., history of premature delivery) is no longer recommended

# PELVIC INFLAMMATORY DISEASE (PID)

- Diagnostic criteria- only ONE of the following:
- Adnexal tenderness

- Did not respond to PO antibiotics
- Patient has nausea and vomiting, or high fevers/severe illness Unreliable follow-up if treated as outpatient
- MOST patients with PID can be treated as outpatients (including first-episode PID and HIV positive women who do not meet above criteria)

#### PELVIC INFLAMMATORY DISEASE (PID)

- - Ceftriaxone 500 mg IM in a single dose PLUS Doxycycline 100 mg orally twice a day for 14 days WITH Metr nidazole 500 mg orally twice a day for
  - Cefotetan 2 g IV every 12 hours OR Cefoxitin 2 g IV every 6 hours PLUS Doxycycline 100 mg orally or IV every 12 hours
- $\bullet\,$  Additional recommended regimens can be found in the 2021 CDC STI Treatment Guidelines (online at cdc.gov)
- All patients treated with PO regimens should improve within 3 days otherwise, admit for parenteral antibiotics
- Treat all sex partners in preceding 60 days

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#### FITZHUGH-CURTIS SYNDROME

- Perihepatitis: RUQ pain or pleuritic pain; usually NO LFT abnormalities (or very mild)
- Complicates ~10% of PID cases
- · Pathophysiology: ?Direct extension of pathogens vs. immunological mechanism
- Rx: NSAIDs (+ treat PID)

#### **EPIDIDYMITIS**

- In young men:
- C. trachomatis (70%)
  N. gonorrhoeae (30%)
- In older men: E. coli causes majority of cases
- Therapy:
  - Ceftriaxone 500mg IM X1 + Doxycycline 100mg PO BID X 10 days
- days
  For acute epididymitis most likely caused by sexually-transmitted chiamydia and gonorrhea and enteric organisms (men who practice insertive anal sex): Ceftriaxone IM X1 + levofloxacin X 10 days
  For acute epididymitis most likely caused by enteric organisms:
  Levofloxacin 500mg PO X10 days

# **OUESTION #4**

A 30-year-old man with HIV presents with severe pain on defecation and bloody anal discharge. He had unprotected anal sex one week ago. He experiences pain with DRE. There are no visible anal ulcers but a bloody mucoid anal discharge is noted. No diagnostic tests are available.

Which of the following empiric antibiotic regimens is most appropriate?

- Ceftriaxone 500mg IM + Azithromycin 1g PO X1 Ceftriaxone 500mg IM + Doxycycline 100mg PO BID X 7d
- Ceftriaxone 500mg IM + Azithromycin 1g PO weekly X 3wks
- Ceftriaxone 500mg IM + Doxycycline 100mg PO BID X 21d Ceftriaxone 500mg IM + Doxycycline 100mg PO BID X 7d + oral valacyclovir

# PROCTITIS/ PROCTOCOLITIS

#### COMMON

- Neisseria gonorrhoeae
- · Chlamydia trachomatis D-K
- Chlamydia trachomatis L1-L3 (LGV)
- T. pallidumHSV (severe especially among HIV+)
- (Monkeypox)

#### **OTHER CAUSES**

- Campylobacter
- Shigella
- Entamoeba
- CMV
- Giardia lamblia\*

   (mainly enteritis; especially among MSM)

### PROCTITIS THERAPY

- Ceftriaxone 500mg IM X1 + Doxycycline 100mg PO BID X 7-21 days depending on extent of symptoms
- Treat for 21d: Moderate to severe symptoms- (e.g., pain, bloody discharge +/- ulcers)
- Treat for HSV: Painful perianal ulcers or mucosal ulcers are detected on anoscopy
- · Azithromycin is less effective than doxycycline when treating proctitis due to C. trachomatis.

#### **HPV**

- >30 types cause genital infections
- $16\ \&\ 18\ cause\ \sim\!70\%$  of cervical cancers in addition to significant proportion of vulvar, vaginal, anal, and upper airway cancers
- Low-risk types can cause genital warts  $% \left( 1,0\right) =0$  and low-grade dysplasia (CIN I)
- Single biggest risk factor for dysplasia is PERSISTENCE of
- Risk factors for persistence: older age; immunosuppression; smoking; concurrent infection with multiple types



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#### **GENITAL WARTS**

- 90% of warts caused by HPV 6 & 11; concomitant infection with types 16, 18, 31, 33, and 35 increases risk of HSIL Genital warts may develop months or years after infection
- Up to 60% of warts will recur within 3 months after therapy. Many will clear spontaneously after 12 months
- Available therapies do not completely eradicate infectivity
- Hypopigmentation or hyperpigmentation can occur with ablative modalities (cryotherapy and electrocautery) and with immune modulating therapies (imiquimod).

  No c-section in pregnant women with visible warts

  C-section only if the warts are obstructing the birth canal or if vaginal delivery may lead to increased risk of bleeding

#### **HPV VACCINES**

- **Nonavalent (6, 11, 16, 18, 31, 33, 45, 52, 58)**; 2-3 doses given over 6-12 months (2 doses induce good immunity if age<=14 years)
- Consists of VIRUS-LIKE PARTICLES (noninfectious; NO DNA)
- Efficacy: >97% against CIN 2/3, vulvar, and vaginal lesions; >98% against genital warts\*
- Recommended for routine use in 9- to 26-year-old women (even those who have a history of abnormal Pap smears); routine use in boys ages 11-12 years, catch-up for males ages 13-21, and permissive use of the vaccine in men ages 22-26; vaccine FDA cleared for women up to age of 45 (but ACIP has not recommended it in women age> 26) women age>26)

\*FDA approved a supplemental biologics licensure application in 6/2020: prevention of oropharyngeal and other head and neck cancers caused by HPV types targeted by the vaccine

# HPV VACCINES (CONT.)

- · Do not give during pregnancy; no need to restart schedule for patients who don't follow-up on time: JUST PICK UP WHERE YOU LEFT OFF
- · Continue routine Pap smears on all women who get the vaccine
- · Side effects: vasovagal response; local reactions
- Not a therapeutic vaccine

# MOLLUSCUM CONTAGIOSUM

- Poxvirus
- 1 to 5mm lesions; painless papules; CENTRAL **UMBILICATION**
- · Not necessarily sexually transmitted
- Molluscum bodies: intracytoplasmic inclusions
- Rx: curettage; cryotherapy; topical cidofovir







# PEDICULOSIS PUBIS

- Pediculosis pubis= pubic lice= crabs (*Pthirus pubis*)
  - Nits confined to upper shaft=old infection (no need for retreatment)
- Maculae ceruleae (blue gray macules)
- Permethrin 1% cream OR Pyrethrins with piperonyl butoxide (topical)
- Resistance increasing; consider malathion 0.5% lotion or Ivermectin in case of treatment failure
- Do NOT use Lindane; toxicities include seizures and aplastic anemia
- Treat sex partners within previous 30 days

# **SCABIES**



- Sarcoptes scabei
- Sarcoptes scabel
  Severe pruritus; especially at night or after bathing; burrows; the diagnosis is usually a clinical one

   Permethrin cream 5% (wash off after 8 hours) OR
   Ivermetin 200 mcg/kg PO day 1 and 14
   Only use Lindane as an alternative
  Crusted scabies or 'Norwegian scabies'
   Mainly occurs in immunodeficient patients (HIV)
   May NOT cause pruritus or burrows
  Contractious and agrossive

- Contagious and aggressive

  Ivermectin 250mcg/kg on days 1, 15, and 29
- Rash and pruritus of scabies may persist for up to 2 weeks after successful therapy\*\*\*

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